

ERC VALENTINE PREDICTION RUN

Predicted Pace - Overall Report

Race Date

February 12, 2006

PREDICTION RUN

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Acutal Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Frank McCommons	381	M 55	44:44	9:00	09:00	0:00
2	Ronald BEER	389	M 52	47:47	9:37	09:37	0:00
3	Michael Corbett	395	M 29	50:32	10:10	10:10	0:00
4	Sonny Steiner	360	M 39	41:06	8:16	08:15	0:01
5	Lindsey Steiner	361	F 14	41:07	8:16	08:15	0:01
6	Patrick Rafferty	342	M 54	44:01	8:51	08:50	0:01
7	Ron Bennett	352	M 58	44:50	9:01	09:00	0:01
8	Doug Michali	334	M 44	46:01	9:16	09:15	0:01
9	Mary Kay Migdal	335	F 43	51:06	10:17	10:18	0:01
10	Tom Stachera	344	M 46	45:30	9:09	09:07	0:02
11	Pat Connelly	357	M 44	39:59	8:03	08:06	0:03
12	Jamie Mead	333	M 47	35:19	7:06	07:10	0:04
13	John Behrendt	318	M 47	41:00	8:15	08:19	0:04
14	Sarah Rose	354	F 58	45:02	9:04	09:00	0:04
15	Phoebe Clemente	324	F 31	45:22	9:08	09:04	0:04
16	Sean Russo	366	M 37	50:06	10:05	10:00	0:05
17	Joe Russo	365	M 32	50:07	10:05	10:00	0:05
18	Bethany Blood	321	F 28	50:32	10:10	10:15	0:05
19	Tom Summerville	390	M 35	57:33	11:35	11:30	0:05
20	Lewis Baldwin	394	M 34	44:39	8:59	09:05	0:06
21	Anthony Berdis	319	M 38	41:17	8:18	08:25	0:07
22	Tim Markijohn	370	M 34	41:47	8:24	08:17	0:07
23	Jill Bolmer	367	F 54	45:17	9:07	09:00	0:07
24	Tom Jennings	368	M 47	40:45	8:12	08:20	0:08
25	Roger Coda	325	M 50	42:56	8:38	08:30	0:08
26	Rick Kraut	376	M 55	47:23	9:32	09:42	0:10
27	Mike Hirsch	386	M 44	53:26	10:45	10:55	0:10
28	Susan Fitzgerald	358	F 51	52:43	10:36	10:25	0:11
29	David Donahue	328	M 53	37:00	7:27	07:15	0:12
30	Vonnie Lorah	364	F 49	53:40	10:48	11:00	0:12
31	Cindy Nelson	338	F 24	36:09	7:16	07:30	0:14
32	Elizabeth Bugbee	322	F 61	44:13	8:54	08:40	0:14
33	Fred Evanoff	375	M 52	41:16	8:18	08:03	0:15
34	Lucius Bugbee	323	M 66	45:17	9:07	08:52	0:15
35	Merry Schultz	387	F 29	46:42	9:24	09:39	0:15
36	Carol Hirsch	385	F 44	53:20	10:44	11:00	0:16
37	Lindsey Poker	340	F 22	1:13:04	14:42	15:00	0:18
38	Melissa Poker	341	F 24	1:13:04	14:42	15:00	0:18
39	Patricia Albaugh	316	F 53	45:01	9:03	09:22	0:19
40	Lisa Baker	355	F 29	49:23	9:56	10:15	0:19
41	Kate Johansen	362	F 25	48:53	9:50	09:30	0:20
42	Adam Jaroszewicz	353	M 55	47:08	9:29	09:50	0:21
43	David Comi	326	M 49	55:12	11:06	10:45	0:21
44	Randy Donn	371	M 48	39:05	7:52	07:30	0:22
45	Katie Amaya	396	F 25	43:07	8:41	09:03	0:22
46	Jan Comi	327	F 51	55:01	11:04	10:42	0:22
47	Sarah Schultz	388	F 26	51:48	10:25	10:00	0:25
48	Lawrence Berdis	320	M 71	51:27	10:21	09:54	0:27
49	Katie Jaruszewicz	377	F 19	48:59	9:51	10:20	0:29

ERC VALENTINE PREDICTION RUN

Race Date

Predicted Pace - Overall Report

February 12, 2006

PREDICTION RUN

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
50	Shannon Allison-Leszek	372	F 34	47:23	9:32	10:02	0:30
51	Nancy Hudson	392	F 29	39:53	8:01	07:30	0:31
52	Jerry Baker	317	M 37	46:12	9:18	09:50	0:32
53	Linda Johnson	391	F 45	1:09:07	13:54	14:30	0:36
54	Julie Lindvay	359	F 23	54:24	10:57	10:20	0:37
55	Dale Werner	350	M 60	1:17:19	15:33	16:11	0:38
56	Paul Gallagher	383	M 29	52:08	10:29	09:50	0:39
57	Justin Platz	351	M 24	42:13	8:30	07:50	0:40
58	Joe Dobrich	393	M 48	44:09	8:53	08:13	0:40
59	Ryan Will	382	M 28	52:09	10:30	09:50	0:40
60	Jason Evans	384	M 29	52:09	10:30	09:50	0:40
61	Anthony Wroblesky	378	M 39	57:13	11:31	10:45	0:46
62	Bill Smith	343	M 51	56:15	11:19	10:30	0:49
63	Dana Palalcewski	397	F 28	43:24	8:44	07:45	0:59
64	Richard Morton	337	M 46	36:34	7:21	08:22	1:01
65	Christopher Lamb	330	M 45	39:15	7:54	09:00	1:06
66	Shannon McAllister	380	F 20	47:39	9:35	08:23	1:12
67	Bill Tobin	347	M 57	48:53	9:50	08:37	1:13
68	James Mesick	363	M 49	53:36	10:47	09:30	1:17
69	Dave Lorah	369	M 50	55:42	11:12	12:30	1:18
70	Mark Baker	356	M 39	1:07:37	13:36	12:18	1:18
71	Rich Vogt	348	M 63	52:39	10:36	09:10	1:26
72	Erika Petro	379	F 20	50:40	10:12	08:45	1:27
73	Sarah Lindvay	331	F 11	1:25:36	17:13	15:46	1:27
74	Jeff Krystek	374	M 24	1:14:46	15:03	13:31	1:32
75	Lauren Waldinger	373	F 19	1:14:45	15:02	13:12	1:50