

## 2007 - 2008 ERC Winter Series

# Triple Crown - 10K + 5M + 10K

Place	Name	City	Age	TT 10K	NY 5M	SP 10K	Total	Pace
<b>1</b>	<b>John Trucilla</b>	<b>Erie PA</b>	<b>47</b>	<b>0:40:20</b>	<b>0:32:29</b>	<b>0:39:37</b>	<b>1:52:26</b>	<b>0:06:28</b>
2	Irvin King	Clymer NY	39	0:40:25	0:33:10	0:40:02	1:53:37	0:06:32
3	Mathew McClellan	Saegertown PA	22	0:41:42	0:34:32	0:40:21	1:56:35	0:06:42
<b>4</b>	<b>David McNeill</b>	<b>Erie PA</b>	<b>51</b>	<b>0:42:11</b>	<b>0:36:00</b>	<b>0:41:04</b>	<b>1:59:15</b>	<b>0:06:51</b>
5	Stephen Easley	Erie PA	46	0:42:15	0:34:51	0:42:10	1:59:16	0:06:51
6	Christopher Mrozowski	North East PA	45	0:40:24	0:34:21	0:44:57	1:59:42	0:06:53
7	Tony Mazza	Erie PA	42	0:42:55	0:34:48	0:42:46	2:00:29	0:06:55
8	Jack Byers	Erie PA	48	0:43:08	0:35:31	0:42:06	2:00:45	0:06:56
<b>9</b>	<b>Pamela Wassell</b>	<b>Erie PA</b>	<b>44</b>	<b>0:42:16</b>	<b>0:33:55</b>	<b>0:44:51</b>	<b>2:01:02</b>	<b>0:06:57</b>
<b>10</b>	<b>Mary Kay Pazder</b>	<b>Erie PA</b>	<b>43</b>	<b>0:44:25</b>	<b>0:36:05</b>	<b>0:42:37</b>	<b>2:03:07</b>	<b>0:07:05</b>
11	John Mead	Fairview PA	49	0:43:33	0:35:20	0:45:12	2:04:05	0:07:08
12	Kevin Louis	Erie PA	43	0:51:00	0:33:40	0:40:01	2:04:41	0:07:10
13	Gary Krugger	Edinboro PA	23	0:46:01	0:38:53	0:43:31	2:08:25	0:07:23
14	Tom Toale	Erie PA	58	0:45:02	0:37:11	0:46:40	2:08:53	0:07:24
15	Ronald Krystek	Erie PA	52	0:45:59	0:37:14	0:46:52	2:10:05	0:07:29
16	Anthony Berdis	Cleveland OH	40	0:45:39	0:38:35	0:47:00	2:11:14	0:07:33
17	Frank Combopiano	Erie PA	52	0:47:04	0:37:38	0:46:33	2:11:15	0:07:33
18	Mark Becker	Erie PA	39	0:45:14	0:38:44	0:47:30	2:11:28	0:07:33
19	Stephen Cornell	Girard PA	19	0:44:06	0:39:17	0:49:22	2:12:45	0:07:38
20	Erich Semelka	Erie PA	42	0:43:39	0:46:06	0:44:58	2:14:43	0:07:45
21	Heather Cass	Erie PA	36	0:48:23	0:39:26	0:48:11	2:16:00	0:07:49
22	Bryan Delio	Erie PA	35	0:49:51	0:38:15	0:48:14	2:16:20	0:07:50
23	Jeff Shaw	Erie PA	53	0:48:03	0:39:32	0:49:56	2:17:31	0:07:54
24	Bob Hanes	Wattsburg PA	54	0:51:03	0:39:35	0:48:54	2:19:32	0:08:01
25	Pat Connelly	Cambridge Springs PA	46	0:48:24	0:39:51	0:52:00	2:20:15	0:08:04
26	Holly Bowser	Austinburg OH	42	0:50:04	0:40:47	0:50:37	2:21:28	0:08:08
27	Jason Weismiller	Erie PA	34	0:52:02	0:39:41	0:49:53	2:21:36	0:08:08
28	Mary Kay Migdal	Erie PA	45	0:51:04	0:40:25	0:51:16	2:22:45	0:08:12
29	Teresa O'Laughlin	Erie PA	37	0:50:35	0:40:12	0:52:02	2:22:49	0:08:12
30	Kenneth Domsic	Erie PA	57	0:50:09	0:43:13	0:50:40	2:24:02	0:08:17
31	Gene Connell	Erie PA	53	0:49:39	0:42:23	0:52:12	2:24:14	0:08:17
32	Amy Bowers	Erie PA	35	0:50:42	0:42:36	0:52:56	2:26:14	0:08:24
33	Michael Hannah	Erie PA	39	0:50:46	0:43:46	0:51:46	2:26:18	0:08:24
34	Elayne Morphy	Erie PA	52	0:51:55	0:45:25	0:50:38	2:27:58	0:08:30

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Place	Name	City	Age	TT 10K	NY 5M	SP 10K	Total	Pace
35	Joel Young	Erie PA	47	0:52:42	0:43:32	0:53:04	2:29:18	0:08:35
36	John Emanuel	Erie PA	36	0:53:08	0:44:46	0:51:41	2:29:35	0:08:36
37	Kevin Marshall	Greenville PA	47	0:53:40	0:43:40	0:52:59	2:30:19	0:08:38
38	Karen Manganaro	Erie PA	49	0:54:25	0:44:49	0:52:04	2:31:18	0:08:42
39	Jeff Guild	Erie PA	48	0:55:02	0:44:02	0:52:28	2:31:32	0:08:43
40	Joan Teeter	Erie PA	41	0:54:12	0:44:11	0:53:39	2:32:02	0:08:44
41	Phoebe Clemente	Fairview PA	33	1:00:22	0:42:44	0:49:03	2:32:09	0:08:45
42	Allison Keenan	Erie PA	50	0:54:18	0:43:39	0:54:30	2:32:27	0:08:46
43	Jennifer Miller	Edinboro PA	25	0:55:33	0:45:12	0:51:52	2:32:37	0:08:46
44	James Scarpitti	Edinboro PA	52	0:56:14	0:44:05	0:53:23	2:33:42	0:08:50
45	Steve Guild	Waterford PA	54	0:55:02	0:44:12	0:55:29	2:34:43	0:08:54
46	John Behrendt	Erie PA	49	0:55:11	0:42:37	0:57:40	2:35:28	0:08:56
47	Rebecca Easley	Erie PA	13	0:54:21	0:43:54	0:58:10	2:36:25	0:08:59
48	Tammy Baumann	Erie PA	41	0:55:57	0:44:22	0:57:00	2:37:19	0:09:02
49	Sean Russo	Erie PA	39	0:56:03	0:47:03	0:54:16	2:37:22	0:09:03
50	Clarence Mason	Waterford PA	70	0:55:52	0:44:30	0:57:10	2:37:32	0:09:03
51	Diane Hoover	Erie PA	53	0:56:11	0:47:28	0:56:08	2:39:47	0:09:11
52	Marilyn Wright	Westfield NY	52	0:57:27	0:47:21	0:57:25	2:42:13	0:09:19
53	Amy Cronk	Erie PA	33	1:00:46	0:48:32	1:00:12	2:49:30	0:09:44
54	Frank McCommons	Edinboro PA	57	1:00:47	0:47:24	1:01:50	2:50:01	0:09:46
55	Sarah Rose	Erie PA	60	0:57:14	0:47:34	1:05:20	2:50:08	0:09:47
56	Joe Zdunski	Erie PA	66	1:00:09	0:49:11	1:00:48	2:50:08	0:09:47
57	Alan Natalie	Fairview PA	44	1:03:03	0:48:48	0:58:28	2:50:19	0:09:47
58	Linda Felker	Edinboro PA	55	1:04:37	0:50:53	1:05:36	3:01:06	0:10:24
59	Eric Wright	Westfield NY	25	1:04:39	0:52:18	1:05:04	3:02:01	0:10:28
60	Cindy Mason	Venango PA	41	1:06:02	0:53:16	1:07:16	3:06:34	0:10:43
61	Stacey Curry	Ashville NY	54	1:07:36	0:55:40	1:03:26	3:06:42	0:10:44
62	Larry Berdis	Erie PA	73	1:06:26	0:58:07	1:08:55	3:13:28	0:11:07
63	Michelle Easley	Erie PA	43	NC	0:49:15	1:04:26		
64	Jan Comi	Erie PA	54	VOL	0:46:39	0:57:36		

## 2007 - 2008 ERC Winter Series

### Triple Crown - 10K + 5M + 5K

Place	Name	City	Age	TT 10k	NY 5M	SP 5k	Total	Pace
1	Bob Juchno	Mc Kean PA	61	0:49:40	0:41:15	0:26:27	1:57:22	0:08:12
2	Tricia Louis	Erie PA	42	0:50:40	0:41:10	0:25:46	1:57:36	0:08:13
3	Thomas Buseck	Erie PA	55	0:54:11	0:43:35	0:26:21	2:04:07	0:08:41
4	Lisa Celeski	Erie PA	39	0:54:00	0:45:24	0:25:47	2:05:11	0:08:45
5	Bethany Blood	Erie PA	30	0:56:28	0:43:47	0:26:15	2:06:30	0:08:51
6	Melanie Henderson	Erie PA	31	1:07:58	0:55:54	0:31:44	2:35:36	0:10:53

### Triple Crown - 5K + 5M + 10K

Place	Name	City	Age	TT 5K	NY 5M	SP 10K	Total	Pace
1	Paul Brady	Erie PA	40	0:20:00	0:33:57	0:42:08	1:36:05	0:06:43
2	Emily Frankhouser	Erie PA	24	0:24:12	0:41:54	0:53:26	1:59:32	0:08:22
3	Mark Zielewski	Erie PA	53	0:26:24	0:44:05	0:55:08	2:05:37	0:08:47
4	Mary Jo Carideo	Spartansburg PA	49	0:28:42	0:46:02	0:59:06	2:13:50	0:09:22
5	Maribeth Vavreck	Erie PA	38	0:44:31	0:43:41	0:48:32	2:16:44	0:09:34
6	Mary Kinal	Erie PA	41	0:27:40	0:49:04	1:00:43	2:17:27	0:09:37
7	Karen Teed	Erie PA	37	0:30:30	0:49:35	1:02:39	2:22:44	0:09:59
8	Sarah Mrozowski	North East PA	13	0:24:48	0:50:52	1:10:44	2:26:24	0:10:14
9	Risa Mrozowski	North East PA	16	0:33:32	0:48:45	1:06:53	2:29:10	0:10:26
11	Martha Karle	Girard PA	62	0:33:38	0:55:46	1:06:18	2:35:42	0:10:53
12	Laura Fosco	Erie PA	52	0:39:50	1:05:40	1:10:55	2:56:25	0:12:20
13	Christine Vassen	Cranesville PA	37	0:55:37	1:12:13	1:23:17	3:31:07	0:14:46

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### Triple Crown - 5K + 5M + 5K

Place	Name	City	Age	TT 5K	NY 5M	SP 5K	Total	Pace
1	Andrew Esper	Erie PA	14	0:23:31	0:42:39	0:24:18	1:30:28	0:08:05
2	Ron Turak	Erie PA	56	0:27:57	0:45:56	0:26:12	1:40:05	0:08:56
3	Juliana Simmons	Ashtabula OH	13	0:26:03	0:48:57	0:26:35	1:41:35	0:09:04
4	John Kemp	Edinboro PA	46	0:27:12	0:50:41	0:26:14	1:44:07	0:09:18
5	Bill Smith	Harborcreek PA	53	0:27:09	0:49:25	0:31:31	1:48:05	0:09:39
6	Tom Madura	Erie PA	47	0:28:18	0:49:40	0:31:00	1:48:58	0:09:44
7	Janine Daly	Albion PA	56	0:28:45	0:50:40	0:32:47	1:52:12	0:10:01
8	Jennifer Kutmin	Erie PA	28	0:32:24	0:49:34	0:30:30	1:52:28	0:10:02
9	Al Hilinski	Erie PA	54	0:29:54	0:51:59	0:31:33	1:53:26	0:10:08
10	Nicole Cornell	Girard PA	23	0:29:29	0:53:15	0:31:22	1:54:06	0:10:11
11	Sara Lasher	Albion PA	26	0:32:14	0:54:12	0:32:42	1:59:08	0:10:38
12	John Masterson	Erie PA	52	0:37:41	0:54:13	0:32:57	2:04:51	0:11:09
13	Julia Roussos	Erie PA	48	0:33:39	0:56:57	0:38:16	2:08:52	0:11:30
14	Jim Hodge	Erie PA	60	0:34:26	1:01:44	0:39:13	2:15:23	0:12:05
15	Jacob Esper	Erie PA	14	0:30:23	1:09:41	0:35:49	2:15:53	0:12:08
16	Bobbie Caswell	Ashville NY	55	0:34:33	1:05:23	0:36:34	2:16:30	0:12:11
17	Candice Kemp	Edinboro PA	55	0:37:18	1:03:54	0:39:28	2:20:40	0:12:34
18	Lynn Laver	Meadville PA	55	0:37:25	1:05:29	0:41:05	2:23:59	0:12:51
19	Donna Laver	Greenville PA	57	0:37:29	1:09:03	0:42:43	2:29:15	0:13:20
20	Cheri Lutseck	Vienna OH	50	0:54:22	1:02:22	0:35:05	2:31:49	0:13:33
21	John P. Lutseck	Vienna OH	51	1:03:13	0:32:32	0:56:06	2:31:51	0:13:33
22	Therese Esper	Erie PA	45	0:42:57	1:11:11	0:39:55	2:34:03	0:13:45
23	Deborah Wilson	Erie PA	48	0:44:29	1:09:20	0:42:03	2:35:52	0:13:55
24	Cindy Farabaugh	Erie PA	49	0:44:29	1:09:21	0:42:02	2:35:52	0:13:55
25	Mary Barrett	Erie PA	50	0:43:54	1:18:01	0:45:48	2:47:43	0:14:58
26	Kathy Zygai	Erie PA	51	0:43:58	1:17:59	0:45:49	2:47:46	0:14:59
27	Kathryn Esper	Erie PA	12	0:42:56	1:18:16	0:46:54	2:48:06	0:15:01
28	Margaret Walker	Erie PA	86	0:53:48	1:34:51	1:03:57	3:32:36	0:18:59
29	Len Zielewski	Erie PA	62	NC	0:50:56	0:31:27		