

Individual Marathon

The Event:

Each participant will run a full USATF certified marathon (26.2 miles) at Presque Isle State Park on Sunday, September 14, 2008 at 7:00 a.m.

The Course:

The start/finish is in the Rotary Pavilion Area (approximately 3 miles from the entrance to the park) and the traditional two loop course will be run on Presque Isle State Park. This marathon is quite possibly the flattest course in the country. World records were recently set on this course in 2003 and 2005. It is certainly a Boston qualifier and has course records prime to be broken: Male — Terrence L. Stanley 2:19:27 (1978); Female — Marjorie Tennyson Podgajny 2:55:15 (1981). Please note that all participants must maintain a 14-minute-mile pace. The course will close accordingly and those remaining on the course must surrender their chips and move to the multi-purpose trail that runs parallel to the course. Please note that there is NOT an early start option, however, the course will remain open for just over 6 hours. Champion Chip timing by Runners High

Commemoratives:

Entrants will receive a micro-fiber shirt. In addition, all marathon finishers will receive a finisher's medal at the finish line, and will be provided a finisher's certificate suitable for framing.

Registration:

On-line and mail in registration ends on Sept. 10, 2008.

Fees double for race day registration.

NO REFUNDS OR ENTRY DEFERRALS.

On-site registration available September 13, 2008.

Please note: All entry fees must be in US funds drawn on a US bank

Awards and Results:

First, second and third places overall (M & F);

First place masters division (M & F);

Individual awards (M & F) in the following age groups:

19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

A special award will also be presented to the first Erie County male and female finisher.

Half Marathon

Run or Racewalk

The Event:

Each participant will run or racewalk a half marathon (13.1 miles) loop of Presque Isle State Park. Half marathon participants start with the marathon at 7:00 a.m. The racewalk division will be judged and running will result in disqualification.

The Course:

The start/finish is in the Rotary Pavilion Area (approximately 3 miles from the entrance to the park) and the one loop course will be run on Presque Isle State Park. This half marathon is quite possibly the flattest course in the country.

Commemoratives:

Entrants will receive a micro-fiber shirt. In addition, all half marathon finishers will receive a commemorative at the finish line.

Registration:

On-line and mail in registration ends on September 10, 2008.
On-site registration available September 13, 2008.
Fees double for race day registration.
NO REFUNDS OR ENTRY DEFERRALS
Please note: All entry fees must be in US funds drawn on a US bank

Awards and Results:

Half Marathon Run:

First, second and third places overall (M & F);

First place masters division (M & F);

Individual awards (M & F) in the following age groups: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

Half Marathon Racewalk:

First five male and female finishers. No other awards in this division.

Timing:

Champion chip timing by The Runner's High.

5K Fun Run/Walk

The Event:

A non-competitive 5K fun run/walk starts at 7:15 a.m. near the Rotary Pavilion. No awards will be given for this event, but an official clock will be in operation and results will be available. All entrants will receive a commemorative T-shirt.

Timing:

Bib timing by The Runner's High.

FYI

For Your Safety:

The race committee reserves the right to reject any entry. No dogs or other pets, bicycles, roller or in-line skates, strollers or vehicles of any kind are permitted on the course. All water stops, support facilities, and other personnel will be instructed to close their station at a time corresponding to a 14-minute-per-mile pace. Please bring a flashlight for early morning navigation, sunrise is not until 6:54 a.m.

Runner Services:

Stations serving water and GU2O sport drink will be placed along the course at approximately one mile intervals.

Race Day Parking:

Adequate free parking will be available at Presque Isle State Park, but please be sure to follow parking regulations and be aware illegally parked vehicles may be ticketed by park police. Specific parking instructions along with a detail map of the start/finish area will be provided in each participant's packet.

Weather:

The average temperature for September is 61 degrees with an average high of 70 and an average low of 53. Source: National Oceanic and Atmospheric Administration.

Race Photographers:

Photographers from TSC Graphics will be on hand to take pictures, which will be made available to runners at www.runphotos.com a few days following race day.

Packet Pickup:

Packet pickup, including Champion Chip pickup, will be held at the Rotary Pavilion, Presque Isle State Park, on Saturday from noon until 7 p.m. and from 5:45 – 6:45 a.m. the morning of the race. If at all possible, please pick up your packet on Saturday and get a good look at the course at the same time.

Awards Ceremony/Post-race Party:

The awards ceremony will begin at 11:00 a.m. for the half marathon and 11:30 a.m. for the marathon. Food provided by Subway. No duplication of awards except for the Erie County Award

Additional Information:

Race Information:

www.eriemarathon.org

E-mail: Jan Comi - eriemara@yahoo.com

Phone: 814-898-4472

Erie Information:

www.VisitEriePa.com

Erie Area Convention

& Visitors Bureau

Phone: 814-454-7191 or (800) 524-ERIE

Pasta Dinner

Carbo-loading dinner

Saturday, September 13, 2008

4-7 p.m. @ the Rotary Pavilion

\$7 per person

Dinner includes two types of pasta with marinara sauce, meat sauce or garlic & oil, salad, bread, beverage and dessert. Prepared by Runner's World recipe award-winner Linda Huegel and her crew.

Tickets will be limited to the first 700 and can be ordered at time of registration or purchased at packet pickup.

Directions to Rotary Pavilion:

To reach the Rotary Pavilion at Presque Isle State Park for packet pickup and pasta dinner, travel approximately 3 miles into the park from the entrance. At Fisher Road, turn left. Stay on Fisher to Lake Road. There will be a large boulder on your right. Turn left. Rotary Pavilion is on the left. Please note that you will not be able to access the Rotary Pavilion this way on race morning. On race morning follow the directions of the parking marshals.

See Web site — www.eriemarathon.org — for more details.

Erie Marathon Host Hotels:

Following are our host hotels. Unless otherwise noted, all offer a late checkout time of 2 p.m. Be sure to ask for the Erie Marathon rate when making your room reservations.

The Avalon*** (8 miles from race start)

16 W. 10th Street, Erie, PA 16501

Phone: 814-459-2220; Room Rate: \$ plus tax

The Bel Aire**** (4 miles from race start)

2800 West 8th St., Erie, PA 16505

Phone: 800-888-8781; Room Rate: \$?? plus tax

The El Patio* (4 miles from race start)

2930 W. 8th St., Erie, PA 16505

Phone: 814-838-9772; Room Rate: \$?? plus tax

Comfort Inn Presque Isle*** (5 miles from race start)
3041 W. 12th St., Erie, PA 16505
Phone: (814) 835-4200; Room Rate: \$?? plus tax

The Hampton Inn**** (9 miles from start)
8050 Old Oliver Rd., Erie, PA 16509
Phone: (814) 864-5646; Room Rate: \$?? plus tax

The Inn at Presque Isle** (4 miles from start)
2939 W. 6th St., Erie, PA 16505
Phone: (814) 838-1961; Room Rate: \$?? plus tax

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Application

On-line registration at www.marathonguide.com

*** Application fees are lower on-line ***

Last Name: _____ First Name: _____ MI _____

Street Address: _____

City State / Province: _____ Zip: _____ Country: _____

Check here if you're an Erie County, Pa. resident

Phone: _____

E-mail: _____

Date of Birth: ____/____/____ Age on Race Day: _____

MM DD YYYY

Gender: M F (circle one) Size: S M L XL 2XL (circle one)

Event You are Entering: (circle one)

	Before 6/1	Before 7/15	Before 9/1	9/2- 9/13	9/14
Marathon	\$45	\$50	\$55	\$65	\$130
Marathon Wheel	\$45	\$50	\$55	\$65	\$120
Half Marathon Run	\$35	\$40	\$45	\$55	\$110
Half Marathon Walk	\$35	\$40	\$45	\$55	\$110
5K Fun Run/Walk	\$10	\$12	\$12	\$15	\$30

Pasta dinner _____ # of tickets at \$7 each = _____ TOTAL

AMOUNT SUBMITTED: \$ _____ CHECK # _____

Please note: All entry fees must be in US funds drawn on a US bank. No foreign checks will be accepted.

Proceeds will be shared with local charities.

Predicted Marathon Time: _____ (required field)

Personal Best Marathon Time: _____

Personal Champion Chip Code: _____

Waiver: In consideration of your accepting this entry, I, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights I have against Millcreek Township, the Commonwealth of Pennsylvania, Erie Runners Club, the volunteer medical and support staff, and any other sponsors and their representatives, successors, and assigns, for any and all injuries suffered by me in this event. I will participate in this event as an athletic entrant. I am physically fit and have sufficiently trained for the competition and my physical condition has been verified by a licensed medical doctor. I further hereby grant permission to the sponsors of this event and any other sponsors to use all information submitted in this application, and my likeness and voice, as well as photographs, video tapes, motion pictures, recording or any other record of this event, including race results, in which I may appear for any legitimate purpose whatsoever including but not limited to pre-race and post-race publicity by publishing to internet sites, in newsletters or newspapers. Entry is non-transferable and non-refundable. In the event we cannot process an application, it will be held until the day of race for resolution.

Signature: _____ Date: _____

(Guardian must sign if applicant is under 18 years of age)

Make Checks Payable to "Erie Runners Club"

Send completed entry form and payment to:

Erie Marathon, 1903 W. 8th Street, PMB 296, Erie, PA 16505

www.eriemarathon.org